

**Subject:** ECG Newsletter 9.23

**Date:** Wednesday, September 6, 2023 at 7:34:47 AM Eastern Daylight Time

**From:** Esplanade Community Group

**To:** Bane, Mary Jo



**Esplanade Community Group**

## **ECG Newsletter 9.23**



**Save the Date**

**October 5**

**ECG Fall Get-Together**

**Stay Tuned for Details**

### **Meet Your Neighbors**

**Lisa Frusztajer and Larry Tye** have lived in the Esplanade since 2015. They rented for a year, then bought and renovated the condo they now live in. They learned about the Esplanade from two sources. The first was Larry's uncle and aunt, Ray and Eileen Tye.



(Ray chaired the Esplanade Board until his death in 2010.) [Read more](#) (interview by Jane Hilburt-Davis)

[Read more interviews with neighbors here](#)

## The Esplanade



### **BOT 2023 Elections: It's Important to Participate!**

The Esplanade Board of Trustees' Election takes place this fall coinciding with the Annual Meeting on November 14. This year four Trustees are up for re-election if they choose to run again. They are Jane Blalock, Fred Davis, Jane Gould, and John Yee. The Board of Trustees, as the Esplanade's governing body, has critical fiduciary, oversight, and strategic responsibilities and is accountable to the owners. Involvement by the owners is essential to the Board's success. [Read more](#)

### **Aging in Place Group**

Please join us all in the Tye Room on Wednesday afternoon, September 13, 2023, at 4-5:30 pm for a meeting of the Esplanade Aging in Place Group. Our group was first started in 2018 as a discussion forum and a resource for residents who were considering all the dimensions of

maintaining our independence, dignity, and health as we “age in place” here at the Esplanade. Then Covid brought our meetings to an end. Now may be a good time to restart at least some initiatives. Please join us at the gathering or email us with your thoughts, ideas, and suggestions on moving forward.

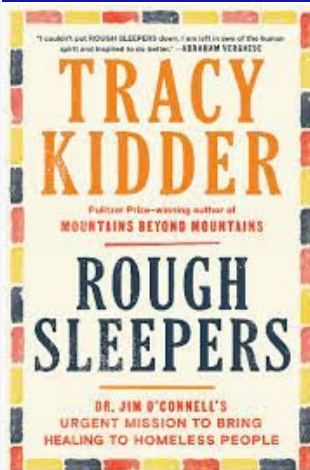
Aging in Place Working Group: Jessie von Hippel, Susan Barron, Sissela Bok, and Pamela McLemore

## Composting Update



Sparked by a proposal from a group of interested residents, the BOT approved, and management facilitated the adoption of an exciting “green” initiative this summer. In collaboration with the City of Cambridge, our building now offers composting of food scraps to all interested residents. [Read more](#) (The Compost Committee)

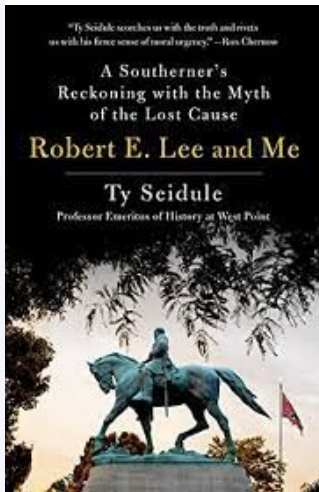
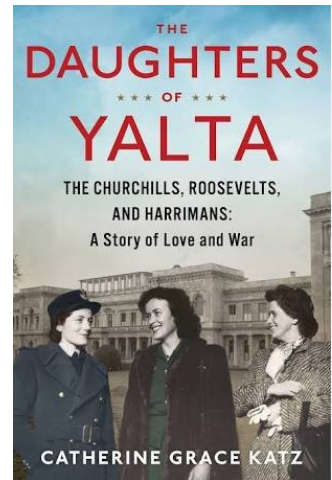
## Reading



“Rough sleepers” is a Britishism describing people who mostly sleep outside on the streets, parks, subway tunnels, or wherever. *Rough Sleepers* is also a wonderful book by Tracy Kidder about Jim O’Connell, an MGH physician who since 1985 has spent his medical career caring for the unsheltered of Boston. [Read more](#) (reviewed by Bernie Aserkoff)

*The Daughters of Yalta* by Catherine Grace Katz

provides a very different take on the famous World War II conference. FDR, Averell Harriman and Winston Churchill all brought their daughters as their combination social companion and personal aide-de-camp. [Read more](#) (reviewed by Janet Aserkoff)



*Robert E. Lee and Me* is the autobiography of Retired Colonel Tye Seidule, who was born in 1962 in Alexandria, Virginia. He grew up steeped in the “Myth of the Lost Cause,” namely that the War between the States, i.e., the War of Northern Aggression, was about preserving states rights (NOT about preserving slavery). [Read more](#) (reviewed by Fred G. Davis)

[Read more book reviews here](#)

## Podcasts

What do you listen to? What’s your favorite? Do you prefer your news in the written word or streaming? Have you thought of making your own Podcast?



Send your podcast suggestions to [Jane Hilburt-Davis](#). And read some of her new suggestions [here](#)

## Opportunities



The Esplanade Community Group (ECG) is pleased to announce that we have started a **ListServ** for the benefit of everyone who lives at the Esplanade and chooses to participate. Learn about [listservs](#) and the details about ours [here](#). To sign up for the ListServ, email [Jessie](#) with your name, email and unit number.

## Inside the Esplanade



## And Outside



Photos by Mary Jo Bane and Elaine Shiang

## **VISIT OUR ECG [WEBSITE](#)**

Missed any of our newsletters ? Catch up on them [here](#).

Want to share opportunities, news of transitions, or beautiful pictures with your neighbors? Send to [Esplanade Community](#).

Esplanade neighbors and newcomers to the building, whether owners or renters, are welcome to be part of the ECG and to receive our Updates, newsletters, and invitations to ECG events. Please pass along this update to new folks. To get on (or off) our mailing list just email [Esplanade Community](#).

Have ideas for these newsletters and updates? Want to write something?  
Send to [Jessie](#), [Susan](#), [Mary Jo](#), or [Jane](#).

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