

**Subject:** Update 5.22.20

**Date:** Friday, May 22, 2020 at 9:43:16 AM Eastern Daylight Time

**From:** Esplanade Community Group

**To:** Bane, Mary Jo



Esplanade Community Group

# ECG Update 5.22.20

Dear Residents of the Esplanade,

We at the ECG (Esplanade Community Group) are still putting in longer hours to get our *Update* out more frequently in this time of “sheltering in place.” Our goals are to provide information about news both inside and outside the building and to entertain. To that end this issue includes an article “On Being an Elderly in a Pandemic”; several book reviews; and one entertaining piece about the ever-present Canada Geese. Also, in this issue, we are introducing our new “Letters to the Editor” feature. We welcome your correspondence and request that each letter is signed by the writer. We hope that you enjoy this issue and, please, if you know others that would like to receive copies, have them e-mail [Mary Jo](mailto:MaryJo). Also, we welcome feedback, suggestions, and, of course, contributions to our newsletters. Happy Reading!

**“ON BEING AN ELDER IN A**