

Subject: EGC MATTERS

Date: Saturday, February 8, 2020 at 7:45:33 PM Eastern Standard Time

From: Esplanade Community Group

To: Bane, Mary Jo

EGC MATTERS

Winter 2020

[Esplanade Community Group](#)





Are You Suffering from Nature Deficit Disorder?

Here's the Neighborhood Cure.

During these winter days, are you looking for a way to help reduce stress, anxiety, depression and maybe even improve your memory? Tired of asking yourself, "Why do I live here?" [Read more...](#)

Events

February 11, 2020, 8:00 AM Tye Room Meet the Esplanade Board of Trustees.

February 25, 2020, 4:00-6:00 PM. Stop in the Tye Room for coffee with your neighbors.

March 5, 2020, 6:00-8:00 PM. ECG The Wines of Portugal: Portugal has been making fine wines forever but we've only

recently been able to enjoy a variety of excellent wines in the US. Join us as we spend the evening exploring Portuguese wine regions and their native grapes. With a plethora of spectacular whites, reds, and fortified wines available, learn how to spot great quality and good value for excellent drinking. The fee (\$45/person) covers the wine, crackers, handouts, and an informative presentation by Jessica Sculley. Registration is required and is on a first-come-first-served basis. [Register here](#)

April 6, 2020, 6:30 PM. Meet resident author Karma Kataj, author of the historical novel *Beguiled*. [Read more](#)

May 12, 2020, 6:00 PM Neighbor Larry Tye will do a reading and discussion of his new biography of Senator Joe McCarthy, a controversial figure in 1950s America and a timely one today. [Read more](#)

More Events [Read more](#)



On November 6, neighbor **Bill Wilson** previewed the memoir he is writing. [Read more](#)

Aging in Place

Our Aging in Place Group gathered on Saturday, November 2, 2019, to discuss the crucially important topic of “staying safe” for seniors and what those whose goal is aging in place can do

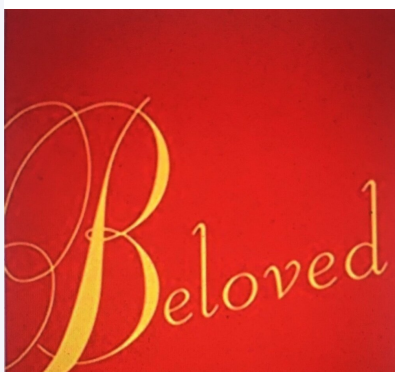
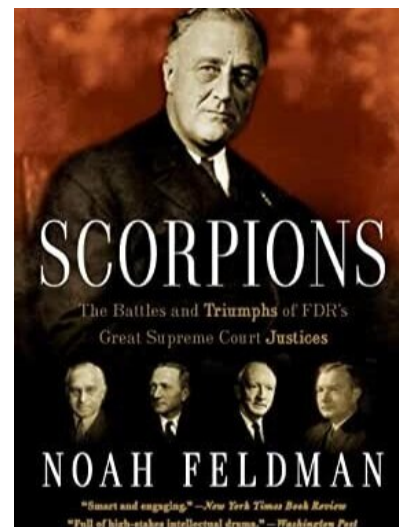
now and in the future. [Read more](#)

Book Notes

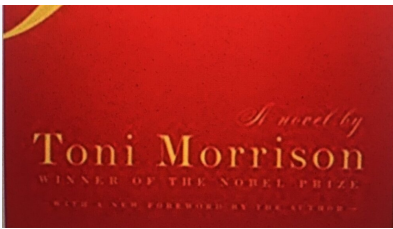


Olive, Again. A decade after writing the Pulitzer Prize winning novel, *Olive Kitteridge*, Elizabeth Strout, the author, says that Olive just showed up again. “I didn’t expect her....That Olive! [Read more....](#)”

Scorpions is by Harvard Law Professor Noah Feldman (one of the constitutional experts called to testify at the House Impeachment Inquiry). Feldman starts with a discussion of FDR’s attempt to pack the court in order to enable passage of his New Deal legislation. [Read more....](#)



Toni Morrison is not merely an important contemporary writer. She is a major figure in our national literature. In giving us *Beloved*, Morrison has exposed the darkest corners of the



American experience and evidenced the courage to witness them as they are.

[Read more](#)

Page Turners Wanted!

LOOKING FOR PAGE TURNERS! The Page Turners book group at the Esplanade is looking for members. The only requirement is to want to read and discuss. Bring an open mind and your curiosity. We meet every second Wednesday of the month at 7:30PM in the Tye Room. Next meetings are scheduled for February 12 and March 11, 2020. Join us! Rebecca Miller: rebecca@optiknerve.net

What's Cooking



As Kendall Square continues its dramatic transformation, one

of the most welcome of recent developments is the appearance of grocery stores, fulfilling a long-standing need of the neighborhood. In November, many of us were delighted by the opening of the **Brothers Marketplace**,...[Read more](#)

Don't Block the Box!

Regarding the garage exiting problem we all face during rush hour times every weekday morning and afternoon, there is good news and bad news. [Read more...](#)

Esplanade Environmental Study Group (EESG)

Coordinating with "Mass Save" to Save Money and Reduce residents' Carbon Footprints! During the Fall of 2019, our committee, EESG, and some Esplanade unit owners encouraged our management to formally request Mass Save to make their services and products available to individual owners. [Read more...](#)

Arts Group

Our first event is an evening together to experience Flamenco dance and music at the Multicultural Arts Center. A Palo Seco, a NY based dance company, will perform at 8 pm. A Spanish wine cash bar will be available from 7-8 pm. Tickets are \$35 for general seating and \$40 for cafe tables. The center is in our neighborhood, 41 Second St. within walking distance. Come join us for a great evening! Tickets can be purchased at the website:

<http://www.multiculturalartscenter.org/> And for more information contact: Nancy Crowley nancymcrowley@icloud.com [Read more..](#)

Esplanade Pet Parade

With this issue we are beginning a new feature introducing Esplanade pets and their owners. We pet owners feel privileged to live in a condominium that allows our feathered and furry friends.

Although pets do require care and attention, they offer wide-ranging benefits to their owners like reducing stress, getting exercise, meeting others, and offering unconditional love! This issue highlights Merlin, [Read more](#)

Neighborhood News

INNOVATION IN OUR FUTURE: CAMBRIDGE CROSSING

Cambridge Crossing, an ambitious new home for innovation, is a 43-acre mixed-use transit-oriented development billed as “the capital for intellectual thinking, life sciences and technology.” The initial construction, an enormous modern glass structure, can be seen across McGrath Highway to the left of the Gilmore Bridge. [Read more](#)

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If you have comments or suggestions, reply to this email, or comment in the blog below.

TUE, JUN 25

Any suggestions for the website, for ECG activities or for the newsletter? Add your comments.

[Read More](#)

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